



All Face 2 Face schemes meet quality standards set by Scope, one of the UK's leading disability charities. And each scheme is run by a professional co-ordinator – someone working in the field of disability with close links to professionals and other relevant organisations in the area.

Wherever you live, we aim to offer the support you need. To get in touch with your nearest Face 2 Face scheme, contact the address on the back cover.

## A network of support

“Finding out that I am not alone has definitely helped me to cope.”

Discovering your child has a disability can be a devastating experience.

It's easy to feel isolated, shocked, even guilty.

Talking to someone who understands – another parent – can make all the difference.

That's where Face 2 Face can help.

To find out about your nearest Face 2 Face scheme contact the address at the bottom of this page.

If there is an address in the space below, you can also contact your local Face 2 Face scheme direct.

Or visit our website at [www.face2facenetwork.org.uk](http://www.face2facenetwork.org.uk) It's full of useful information about Face 2 Face, plus details of all our local schemes.

[www.face2facenetwork.org.uk](http://www.face2facenetwork.org.uk)  
tel: 0844 800 9189  
email: [face2facenetwork@scope.org.uk](mailto:face2facenetwork@scope.org.uk)

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**face2face**

Parents supporting Parents of Disabled Children

Does your child have a disability or special need?



[www.face2facenetwork.org.uk/](http://www.face2facenetwork.org.uk/)

## Our befrienders

“I want to be there for someone in the way that I wish someone had been there for me.”

Face 2 Face is not a telephone support service. We link parents with volunteer befrienders who live nearby, so that they can meet and talk face to face.

The parent and befriender decide how often to meet, and how long they want to continue getting together. Sometimes one visit is enough. Other times a befriender may support parents over several months.

Every befriender receives training and on-going support to make sure they are comfortable in their important role.

## Someone who understands...

“It was the first time I had really opened up. Putting on a brave face is not always the best thing to do.”

Face 2 Face is a network of trained, volunteer befrienders who help parents make positive adjustments to the news that their child has a disability.

Every Face 2 Face befriender is a parent too – someone whose own child has a disability. They know what it's like to cope with a new diagnosis and can offer support parent-to-parent.

Face 2 Face is free and confidential. We support parents of children with any type of disability or special need.